



# Camp High Hopes Internship

## **About Camp High Hopes:**

Camp High Hopes' recreational facility is located in Sioux City, Iowa on 90 acres of wooded land with a beautiful 8-acre lake.

Our facility offers program activities throughout the year to thousands of individuals with disabilities from the Midwest. Children or adults who participate in program activities might have a diagnosed disability or chronic condition such as: ALS, amputee, asthma, autism, brain injury, blind, blood disorder, burns, cancer, cerebral palsy, cleft palate, cognitive disorder, craniofacial, crohn's disease, cystic fibrosis, diabetes, Down syndrome, epilepsy, heart disease, hemophilia, Hodgkin's disease, kidney disease, leukemia, liver disease, mental disability, multiple sclerosis, muscular dystrophy, physical disability, sickle cell anemia, spinal cord injury, spina bifida, and stroke. Each child and adult will be cared for by specially trained staff and nurses while spending a day, weekend, or week at Camp High Hopes.

All of the year-round activities are adapted for each individual participant. Archery, arts and crafts, canoeing, creative dramatics, farm experience, fishing, gym activities, hiking, horseback riding, nature education, outdoor living skills, rock-wall climbing, snow sledding, sports and games, swimming, and overnight camping are just some of the activities that a camper may choose to participate in while at Camp High Hopes.

## **About CHH Internships:**

Camp High Hopes offers recreational/camp based internships in 3 primary seasons: September-December, January-April, and May-August, for a 14 week internship period designed to meet the requirements for NCTRC. Interns will assist in assessment, planning, implementation/facilitation, and evaluation during CHH activities which are goal oriented and directed toward rehabilitation, amelioration, and/or modification of specific physical, emotional, cognitive, and/or social functional behaviors. Responsibilities may include: client assessments, progress notes, discharge plans, activity analysis, and leisure education among others. Interns will receive room and board during sessions and monthly stipend of \$100 to offset additional food costs. Shared staff housing may be available and is assessed based on intern needs and housing availability.



All internships are full time commitments without time for outside work or part-time jobs and may require a commitment to be away from home during holidays depending on the program schedule. Interns are an integral part of the Camp High Hopes team, providing camper support and care, along with program planning and implementation with scheduled time off between programs. Potential interns must take these financial and personal burdens into consideration when applying.

All interns must be at least twenty-one years of age, have First Aid and CPR certification and the ability to commit to an entire season. Camp High Hopes strives to create an intern staff that is self-motivated, takes initiative, and has some experience working with people with disabilities and special needs. It is helpful to have outdoor recreation skills and must have the ability to work well with people. All interns must have a strong sense of hard work, flexibility, a love of the outdoors, an open mind and a love for working with people.