

# Illinois Recreational Therapy Association Annual Conference

November 2 & 3, 2015

The DoubleTree Hotel Chicago/Alsip  
5000 W. 127<sup>th</sup> Street  
Alsip, IL 60803

## **General Information**

### Hotel Accommodations

The special ILRTA Conference room rates are \$114.00 per room, per night. The block of rooms will be held for ILRTA attendees until October 14th. After that date the block of rooms will be open to the public and available on a first come basis. For hotel room reservations, please call the hotel reservation desk clerk directly at (708) 371-7300. Tell them that you are with the ILRTA Conference, to receive the special room rate. The DoubleTree Hotel Chicago/Alsip is accessible, but please indicate any specific needs you may have, to the reservation clerk.

### Directions to the Hotel

#### **From Indiana:**

I-294 North to the 127<sup>th</sup> Street West exit. Turn left at 127<sup>th</sup> Street light. Proceed over Cicero Avenue. Turn right into the hotel parking.

#### **From the North via I-294:**

Take I-294 South. Take 127<sup>th</sup> Street West exit. Turn right at 127<sup>th</sup> Street and another right into hotel parking.

#### **From I-80:**

Take I-80 to I-294 North. Take I-294 North to 127<sup>th</sup> Street West. Turn left onto 127<sup>th</sup> Street. Proceed down 127<sup>th</sup> Street over Cicero Avenue. Turn right into hotel parking.

### Continuing Education Units

CEU pre-approval is in process. ATRA and NCTRC cannot guarantee that this continuing education opportunity will be granted CEUs.

### Intern Mart / Exhibits

Table space will be available to facilities for \$10.00, to display internship information; however space is limited, so make your reservation early! Additionally, facilities are invited to post internship opportunities on the ILRTA intern bulletin board.

Lunch tickets are available for \$30.00 each day, for those not registered for conference, but are participating in the exhibit area.

### Monday Social

Want to avoid the rush hour traffic, catch up with old friends, meet other TRs? Conference attendees are encouraged to stay for the social, on Monday, after conference sessions.

### Special Accommodations

If you have any disability that requires materials or services, please contact the ILRTA office at 708 687 4396

### For Further Information

For more information about the ILRTA Conference, please call (708) 687 4396.

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## **Keynote: Living Life with Intension...In Your Work Relationships and Play**

*Sandra Negley, MTRS, CTRS, FDRT, Assistant Professor, University of Utah*

## **Mindfulness Techniques as a Therapeutic Recreation Intervention**

*Deborah Tiger, MS, CTRS, Assistant Director, Residential/Clinical Services, Cunningham Children's Home*

## **Exceptional Leadership in Recreational Therapy**

*Dawn De Vries, DHA, CTRS, Assistant Professor, Therapeutic Recreation, Grand Valley State University*

## **How Is Your Wellness?**

*Donna J. McCauley, CTRS, Professor/Coordinator Recreation Therapy, Moraine Valley Community College*

## **Journaling is a Process and the Journal, a Place for Processing: Exploring the Use of Therapeutic Writing within Therapeutic Recreation Groups.**

*Megan Behm, MS, CTRS, RN, BSN, Mercy Medical Center*

## **Post Traumatic Growth and Therapeutic Recreation**

*Sandra Klitzing, Ph.D., CTRS, Professor Emeritus, Illinois State University*

## **Building a Network to Advance the Therapeutic Recreation Profession.**

*Julie A. Eggleston, MS, CTRS, Executive Director, Kishwaukee Special Recreation Association*

*Katherine Morse MS, CTRS, CPRP, Owner, Leisure for Life of Indiana*

## **ATRA – Moving Forward Towards the Future**

*Dawn De Vries, DHA, MPA, CTRS, ATRA President; Assistant Professor, Grand Valley State University*

## **Therapeutic Outcomes: Preparing for Evidence-based Practice using Activity and Task Analysis**

*Marcia Jean Carter, Re.D., CTRS, Editor of the Therapeutic Recreation Journal, Adjunct Faculty at St. Francis University and Central Michigan University*

## **Evaluating Assessment in Community TR**

*Kacie Jankowski, CTRS, University of St. Francis*

*Donna Lozano, M.Ed., CTRS, Internship Coordinator, Rocky Mountain MS Center – King Adult Day Enrichment Program*

## **Indoor Ecotherapy: Nature Photographs Accompanied by Musical/Natural Sounds**

*Jun Kim, Assistant Professor & WFR, Southern Illinois University*

*Robert Rados, Ph.D. & Instructor, Southern Illinois University*

*Namyun Kil, Ph.D. & Teaching/Research Assistant, Southern Illinois University*

*Heewon Yang, CTRS, Professor, Southern Illinois University*

## **My plan just went down the drain! What do I do now? Strategies for Turning Ordinary Activities into an Outcome-focused Therapeutic Experience.**

*Megan Behm, MS, CTRS, RN, BSN, Mercy Medical Center*

## **Core Competencies Needed for Health Care Professionals**

*Teresa M. Beck, PhD, CTRS, Associate Dean, College of Health Professions, Grand Valley State University,*

*Patricia K. Thomas, MPA, CTRS, TR Certificate Coordinator, Occupational Studies Undergraduate Coordinator, University of Wisconsin*

## **Using the APIE Process to Provide Inclusive Recreation Services**

*Heather K. Andersen, CTRS, MS, Doctoral Student*

**TR/RT Intern Supervision: Guidance towards Standardization in our Field.**

*Peggy Holmes-Layman, Ph.D, CTRS, Professor, Eastern Illinois University*

**NCTRC Changes and Implications for Students and Practitioners**

*Sandra Klitzing, Ph.D., CTRS, Professor Emeritus, Illinois State University*

**The King Adult Day Enrichment Program: A Practical Application of TR in the Community**

*Donna L.V. Lozano, M.Ed., CTRS, Internship Coordinator, Rocky Mountain MS Center – King Adult Day Enrichment Program*

**Experiences or Just Happenings: The Role of Reflection in Therapeutic Recreation**

*Jennifer Stoner, M.S., CTRS, Music Teacher, Douglas County School District*

**Creating a Healthy Balanced Life**

*Sandra Negley, MTRS, CTRS, FDRT, University of Utah*

**Distance Teaching and Learning in TR/RT**

*Patricia K. Thomas, MPA, CTRS, TR Certificate Coordinator, Occupational Studies Undergraduate Coordinator, University of Wisconsin*

**Evidence Based Practice I: Basic Skills for Recreation Therapists**

*Terry Long, Associate Professor, Northwest Missouri State University*

**Legislative and Standards Update 2015**

*Marcia Jean Carter, Re.D., CTRS, Editor of the Therapeutic Recreation Journal, Adjunct Faculty at St. Francis University and Central Michigan University*

**Therapeutic Recreation Program Ideas for Clients with Anxiety Disorder**

*Evan Coulson, Teaching Assistant & Ph.D. Candidate, Southern Illinois University*

*Namyun Kil, Ph.D. & Teaching Assistant, Southern Illinois University*

*Jun Kim, Ph.D. & Assistant Professor, Southern Illinois University*

*Heewon Yang, CTRS, Professor, Southern Illinois University*

**Should We Stay or Should We Go?: Masters Degree as Entry Level into Therapeutic Recreation**

*Teresa M. Beck, PhD, CTRS, Associate Dean, College of Health Professions, Grand Valley State University*

**Evidence Based Practice II: A Practical Workshop for Recreation Therapy Professionals**

*Terry Long, Associate Professor, Northwest Missouri State University*

**Hold That Thought: A Session on Memory and Aging**

*Molly Hofer, MA, Family Life Educator, University of Illinois Extension*

**The Role of Therapeutic Recreation in Community-Based Adult Day Programs**

*Carolyn J. Nagle MPA, CTRS, CPRP, Executive Director, Fox Valley Special Recreation Association*

*Tracey M. Crawford CTRS, CPRP, Executive Director, Northwest Special Recreation Association*

**Creative Special Event – Historic Hollywood**

*Donna J. McCauley, CTRS, Professor/Coordinator Recreation Therapy, Moraine Valley Community College and Moraine Valley Community College Recreation Therapy Students*

Conference Preview