

Shriners Hospitals for Children-Chicago© is partnering with the American Dance Wheels Foundation for a 7 week Wheelchair Ballroom Dance Class.

## Wednesdays, October 5th—November 16th 6:30-8:00pm

Space is limited to 10 participants.

- 10 years and older and able to follow multi step instructions
- Use a wheelchair (wheelchair can be provided if one is not owned)
- MUST attend all 7 sessions

We will be learning an entire Latin Ballroom Dance routine over the 7 week class. Each week we learn a little bit more of the dance from our dance instructors. On the 7th week, all of our dance pairs will perform during our first ever Shriners Wheelchair Ballroom Dance Competition.

## Dance Partners Will be Provided

Each dancer will be paired with an able bodied dance partner. This partner will be provided through Shriners. If you have an adult friend or family member who would like to be a dance partner, let Amanda know at the time of registration. This partner will also need to attend all 7 sessions. They cannot have someone else come instead of them for any of the sessions.

Do you LOVE to dance?



Have you ever wondered how you can dance using a wheelchair?



Do you want to impress all your friends and family at the next family wedding or school dance?!

RSVP to Amanda at (773)385-5515 or ahogle@shrinenet.org by September 26th





American DanceWheels Foundation (ADF) was founded in 2004

to break the social and physical barriers between people with and without disabilities. Since then ADF's copyrighted syllabus, Wheel One™, continues to be used throughout dance studios, schools, and rehabilitation settings across the United States and abroad and has even been proven by scientists to have multiple health benefits to participants. ADF's most prestigious performances include the Dancing with the Stars National Tour, a Lincoln Center live performance, the Sundance Channel's TV show Push Girls, the award winning feature film Musical Chairs, the Pan American Games, and a live performance for the Papal visit.