

# Illinois Recreational Therapy Association Annual Conference

November 14 & 15, 2016

The DoubleTree Hotel Chicago/Alsip  
5000 W. 127<sup>th</sup> Street  
Alsip, IL 60803

## **General Information**

### Hotel Accommodations

The special ILRTA Conference room rates are \$114.00 per room, per night. The block of rooms will be held for ILRTA attendees until October 14th. After that date the block of rooms will be open to the public and available on a first come basis. For hotel room reservations, please call the hotel reservation desk clerk directly at (708) 371-7300. Tell them that you are with the ILRTA Conference, to receive the special room rate. The DoubleTree Hotel Chicago/Alsip is accessible, but please indicate any specific needs you may have, to the reservation clerk.

### Directions to the Hotel

#### **From Indiana:**

I-294 North to the 127<sup>th</sup> Street West exit. Turn left at 127<sup>th</sup> Street light. Proceed over Cicero Avenue. Turn right into the hotel parking.

#### **From the North via I-294:**

Take I-294 South. Take 127<sup>th</sup> Street West exit. Turn right at 127<sup>th</sup> Street and another right into hotel parking.

#### **From I-80:**

Take I-80 to I-294 North. Take I-294 North to 127<sup>th</sup> Street West. Turn left onto 127<sup>th</sup> Street. Proceed down 127<sup>th</sup> Street over Cicero Avenue. Turn right into hotel parking.

### Continuing Education Units

CEU pre-approval is in process. ATRA and NCTRC cannot guarantee that this continuing education opportunity will be granted CEUs.

### Intern Mart / Exhibits

Table space will be available to facilities for \$10.00, to display internship information; however space is limited, so make your reservation early! Additionally, facilities are invited to post internship opportunities on the ILRTA intern bulletin board.

Lunch tickets are available for \$30.00 each day, for those not registered for conference, but are participating in the exhibit area.

### Monday Social

Want to avoid the rush hour traffic, catch up with old friends, meet other TRs? Conference attendees are encouraged to stay for the social, on Monday, after conference sessions.

### Special Accommodations

If you have any disability that requires materials or services, please contact the ILRTA office at 708 687 4396

### For Further Information

For more information about the ILRTA Conference, please call (708) 687 4396.

# Illinois Recreational Therapy Association Annual Conference

November 14 & 15, 2016

**Keynote: Advancing Yourself and Your Profession: Professional Advocacy**

*Sharon Nichols, MTRS, CTRS/L*

**\*A Case Study: Is It Really Easy as Pie? How the APIE Process Impacts Service Delivery of Inclusive Recreation**

*Heather K. Andersen, CTRS, MS, Doctoral Student*

**\*The New World of Professional Management: Leading with Intervention, Managing with Evidence**

*Missy Armstrong, MS, CTRS/R, FDRT*

**\*The Magic of Networking. How to Learn from Your Friends and Spread the Word About Your TR/RT Practice.**

*Missy Armstrong, MS, CTRS/R, FDRT*

**\*The Hazards of Bed Rest-25 Ways Bed Rest Kills & How RT Can Move You Back to Health**

*Margaret Baumann, M.D., Chief of Geriatric Medicine, Jesse Brown VA Medical Center,  
Sheila Swann-Guerrero, MS, CTRS, Jesse Brown VA Medical Center*

**\*No Cans or Cookie Cutters, Avoiding Canned Responses/Cookie Cutter Programming Facilitation Techniques that Create Community/Connection Through Contemplative Conversation**

*Megan Behm, MS, CTRS, RN, BSN, Mercy Medical Center*

**\*Getting in the Groove: Utilizing Rhythm as a Teaching and Facilitation Tool for Auditory Team Building**

*Megan Behm, MS, CTRS, RN, BSN, Mercy Medical Center*

**\*Adding the "D" to APIE-Essential Best Practice**

*Marcia Jean Carter, Re.D., CTRS, Editor of the Therapeutic Recreation Journal, Adjunct Faculty at St. Francis University and Central Michigan University*

*Deborah Tiger, MS, CTRS, Assistant Director, Residential/Clinical Services, Cunningham Children's Home*

**\*Cultural Competence: Utilizing the TR Process with the International Patient**

*Nicole Cummins, CTRS, Trinity Health, St. Joseph Mercy Hospital, Instructor, Eastern Michigan University*

**\*TR & Technology: Utilizing Therapeutic Apps, Tools and Tips for Therapeutic Interventions**

*Nicole Cummins, CTRS, Trinity Health, St. Joseph Mercy Hospital, Instructor Eastern Michigan University*

*Amy Lucas, TR Student, Eastern Michigan University*

*Sharmayne Whitehead, CTRS*

**\*Implications of the Affordable Care Act of 2010 and RT**

*Dawn De Vries, DHA, CTRS, Assistant Professor, Therapeutic Recreation, Grand Valley State University*

**\*Interprofessional Education and Practice**

*Dawn De Vries, DHA, CTRS, Assistant Professor, Therapeutic Recreation, Grand Valley State University*

**\*The Importance of Multiculturalism in Rec Therapy**

*Sandra Klitzing, Ph.D., CTRS, Professor Emeritus, Illinois State University*

**\*Reviewing What We Know about Parkinson Disease**

*Sandra Klitzing, Ph.D., CTRS, Professor Emeritus, Illinois State University*

**\*Cardio Drumming**

Wendy Maran, MA, CTRS, CDP, Associate Lecturer, The University of Toledo

**\*Generational Diversity of Recreation Therapists Across the Workplace**

Donna J. McCauley, PhD, CTRS, Recreation Therapy Professor, Moraine Valley Community College

**\*Chronic Illness: The Spiritual Side of Therapeutic Recreation**

Sue Myllykangas, Ph.D., CTRS, Associate Professor, Northwest Missouri State University,

**\*Generational Flow: Purposeful Activities to Meet a Variety of Needs**

Sue Myllykangas, Ph.D., CTRS, Associate Professor, Northwest Missouri State University

**\*TBA**

Sharon Nichols, MTRS, CTRS/L

**\*Rhythm is a Dancer: Using Musical Rhythm as a Therapeutic Recreation Intervention**

Jennifer Stoner, M.S., CTRS, Music Teacher, Douglas County School District

**\*Distance Education: Debunking Myths and Impact on TR/RT**

Patricia K. Thomas, MPA, CTRS, TR Certificate Coordinator, Occupational Studies Undergraduate Coordinator.  
University of Wisconsin

**\*Involvement in TR Professional Organizations**

Deborah Tiger, MS, CTRS, Assistant Director, Residential/Clinical Services, Cunningham Children's Home

The Illinois Recreational Therapy Association is a State Chapter Affiliate of  
The American Therapeutic Recreation Association