Cunningham Children’s Home

Urbana, Illinois

lease join us - the Illinois Recreational

Therapy Association (ILRTA) & the

Cunningham Children’s Home for the 13th Annual Workshop.

Students, practitioners, and educators are invited to attend some outstanding sessions that are unique to a congenial, workshop audience.

Illinois Recreational

Therapy Association

& Cunningham Children’s Home

Presents…..

Take 74 E to Cunningham Ave exit.

Exit and go south (right) about one mile (pass two stop lights on Cunningham Ave.) .

Cunningham Children’s Home will be on the right - across street from Domino’s Pizza.

Enter driveway and take first road to the right off of that driveway. This will wind you around to parking in front of Cunningham’s chapel (Spiritual Life Center is the official name for it).

For additional information, please contact any of the workshop coordinators: Peggy Holmes-Layman: (plholmes@eiu.edu), Deb Tiger; (*dtiger@cunninghamhome.org)CEU* *Approval is in process. ATRA*

*and NCTRC cannot guarantee that this continuing education opportunity will be granted CEU’s*

Therapeutic Recreation students from nearly every University and College offering Therapeutic Recreation in Illinois will be invited to the Workshop.

Agencies may have a chance to interview students, and students applying for an internship / fieldwork experience may want to use the Workshop as the chance to hear about sites? So students, get your applications out now!!!

Tables and chairs will be available to agencies interested in booth space. This service is FREE though space is limited; reserve NOW!!!

13thAnnual

ILR T A

Central Region

W o rkshop

Thursday, Mar c h 27, 2014

8:00-a. m .—4:00 p.m.

Cunningham Children’s Home

Urbana, Illinois

.6 CEUs (pending) through the American Therapeutic Recreation Association Board

ILRTA Central Region

13th Annual Workshop

 Membership allows for

Discounted registration at Midwest Symposium!

**Presenters:**

♦ Sandra Klitzing, Ph.D, CTRS,

 School of Kinesiology and Recreation,

Illinois State University

♦ Allison Parkhurst, CTRS and Shana Summers, Mt-BC, Cunningham Childrens

Home

**Workshop Agenda**

8:00—8;30 a.m. **Check-in / Registration**

8:30—9:45 a.m.

*Health Care and Older LGBT Adults*

Sandra Klitzing Ph.D., CTRS

9:45—10:45 a.m.

*Bullying in Youth and TR Intervention*

Allison Parkhurst, CTRS and Shana

Summers, MT-BC

**BREAK**

11:00 a.m.—12:15 p.m.

*Increasing productivity in TR with better sleep*

*and food decisions* Kim Miller, Ph.D., and Heewon Yang, Ph.D, CTRS

12:15 - 12:45 p.m. **Lunch & Networking**

**ILRTA Workshop**

***RegistrationForm***

 Name / Title:

Address:

City:

State: Zip:

Email: (print clearly)

Phone:

Join ILRTA now or renew for 2014:

***1)Professional Membership Fee*** $40

***2)Workshop Fees*** (Circle all that apply)

(Registration includes Lunch)

♦ Kim Miller, Ph.D, and Heewon Yang, Ph.D., CTRS, Health Education and Recreation , Southern Illinois University at Carbondale

 **FREE LUNCH! BOOK RAFFLE!**

12:45 p.m.—2:00 p.m.

*Audio-visual effects on Judgment of tranquility in Attention Restoration Theory*

Jun Kim, Ph. D.

Professional

Member

Student

Member

$45 Professional $50

 Nonmember

$5 Student $20

 Nonmember

(Includes membership)$50

♦ Jun Kim, Ph.D. ,Southern Illinois University at Carbondale

♦ Sheila Swann-Guerrero, CTRS

Veterans Administration, Chicago

2:05 p.m.—3:35 p.m.

*Developing Recreation Therapy Programs to*

*Address Stress Management for Adults*

Sheila Swann-Guerrero, CTRS

3:40 p.m. Closing

***3) CEU Fee*** $10

**TOTAL\_\_\_\_\_\_\_\_\_\_**

Send membership / registration & fee to: (Make checks payable to ILRTA)

Peggy Holmes-Layman, Ph.D., CTRS Eastern Illinois University

Department of Recreation Administration

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